



# **Chair and CEO's Message**

Hard work and commitment by scores of individuals and organisations has seen the Live4Life model strengthen in the two pilot communities of Benalla and Glenelg and in the Macedon Ranges.

Live4Life has a long term change agenda and it is inspiring to see so many people and organisations understanding the importance of this work and actually getting involved and helping to increase young people's and the wider community knowledge of mental health, encourage positive help-seeking behaviours, decrease stigma and ultimately reduce suicide. In September this year the Australian Bureau of Statistics released the Causes of Death data for 2018 which includes the number of Australians who we have sadly lost to suicide. In 2018, 3,046 Australians died by suicide. This equates to more than 8 people per day. Suicide remains the leading cause of death of young people (aged 15 to 24) and now represents 40% of all deaths in this age group. This has increased from 33.3% two years ago. And the suicide rate in rural communities is 41% higher than in metropolitan areas. These figures underline the importance of our work.

In September 2018, Youth Live4Life Inc. was awarded the Innovative Youth Project or Programs in Rural or Regional Victoria Award at the Youth Affairs Council of Victoria's Rural Youth Awards. Then in December Youth Live4Life together with the Live4Life communities of Macedon Ranges Shire, Benalla Rural City and Glenelg Shire won Vic Health's Improving Mental Health Wellbeing Award.

In February 2018 we received the Interim Report from Ludowyk Evaluation's two-year evaluation of Live4Life in Benalla and Glenelg for the Victorian Government. The evaluators have identified early signs of success of Live4Life in both the pilot communities. Most importantly, the evaluators found that all communities and partnership organisations are fully committed to Live4Life and are already seeing the positive impact the model is having on the whole community. We look forward to receiving the final report in February 2020.

We were also delighted to see that the Victorian Government put its confidence in both the Live4Life model and Youth Live4Life as an organisation and supported our funding request to continue our work in Benalla and Glenelg for 12 months.

Annual Reports often concentrate on numbers and those numbers often just have dollar signs in front of them. The numbers we like to concentrate on are the numbers of young people, parents, teachers, brothers, sisters, coaches, volunteers and others that have received mental health first aid training. The number of young people that have given up their time to become Live4Life Crew members. The number of people that have offered to undertake mental health first aid instructor training so they can be a part of Live4Life and deliver training in their community. The number of schools, health and community organisations that have joined the

Empowering rural communities to improve youth mental health

Live4Life Partnership Group within their community. These are the numbers we concentrate on.

In the last year over the three Live4Life communities 1,635 young people received training in teen Mental Health First Aid. 169 adults have been trained in Youth Mental Health First Aid, and 86 young people volunteered to be a member of the Live4Life Crew in their local community. There are now 17 teen and Youth Mental Health First Aid Instructors across the Live4Life communities delivering Mental Health First Aid training in their communities.

In October with the assistance of a grant from the Commonwealth Bank we hosted the first Crew camp at Anglesea. Which saw 34 young people aged between 14 and 16 years from Benalla, Glenela and the Macedon Ranges Shire along with 10 support workers attend the camp. Crew members participated in workshops around 'smashing the stigma' on mental health, public speaking, marketing and promotion. They also heard from young people with lived experience of mental health and a young person who received mental health education through Live4Life in year 8 and how it supported her to seek out help. The camp built powerful bonds between the different Crews and strengthened the existing relationships within the Crews and staff. The Crew camp will become a bi-annual event.

# Here's the numbers we like to concentrate on





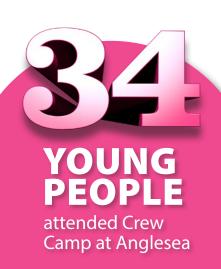






















# As an organisation the Board recognised the need to continue to build our capacity and strengthen our governance.

This year we were pleased to appoint Bernard Galbally as our inaugural CEO. Robyn Hunter, CEO of Mind Australia joined our Board. We have worked with Arnold Bloch Leibler and Brendan Case from Case Governance to develop a constitution and begin the process of transitioning to a Company Limited by Guarantee. We are very excited that Brendan will be joining us as Company Secretary in due course.

Our governance has also been strengthened with the establishment of the Finance, Audit and Risk Management Committee and the Communication and Marketing Committee. We welcome and thank Andrew Wilson-Annan, Jess Kendall from Essential Media and Stuart Shephard from Redhanded for joining these committees and providing expert advice. Next year will see the establishment of the Revenue Sourcing (Fundraising) Committee and the Program Lifecycle Committee.

At the end of 2018 we were successful in securing a Capacity Building Grant from Social Venture Partners Victoria (SVP). This is a three-year grant which will see both the Board and CEO work with SVP over the next three years to help strengthen our governance, develop a new strategic plan and investigate various organisational growth scenarios as we scale up.

This year saw the development of new revenue generating initiatives that will help contribute to the financial sustainability of the organisation as we grow our reach. These initiatives included the development

of merchandise and an on-line store, Friends4Life – a corporate giving initiative, Lap4Life – SWIM 2866, a continuous swim event that was developed by father and daughter team Sean and Kirsten McKinney, the Arnold Bloch Leibler Live4Life Lunch and the Inaugural Live4Life Spring Dinner that featured Jimmy Barnes, Dan Sultan and was hosted by Brian Nankervis. These initiatives help promote Live4Life, strengthens our relationship with communities and generate much needed revenue for Youth Live4Life.

We continue to develop our marketing and communication strategy. This year saw Live4Life posters printed and distributed for each Live4Life community based on the 2019 themes developed by each Live4Life Crew. We also produced a five-minute video on Live4Life and increased our social media presence. The video has already proved to be a very useful tool when meeting with potential new communities, funders and other stakeholders.

In 2018 the Andrews Labor Government announced a Royal Commission into the Mental Health Sector. We made a submission to the Royal Commission advocating the need to look specifically at the needs of rural communities as they differ from those of both regional and metropolitan communities. We highlighted the limited resources and support services in rural communities and the need for education and preventative strategies to support and build capacity within these communities. We are pleased to say that several submissions referenced the positive impact that

Live4Life is having in the current Live4Life communities. We will continue to monitor and, where possible, make further submissions to the Royal Commission.

We continue to work with all levels of government and this year we were asked to undertake a scoping report for Regional Development Victoria's Loddon and Campaspe Partnership Group on the interest in, and suggested road map for, the delivery of Live4Life through the whole Loddon Campaspe area which comprises of six local government areas including Macedon Ranges. As a result of that report, Live4Life is now identified as a high priority for the Loddon Campaspe Partnership Group and Regional Development Victoria will be advocating to fund the roll out of the Live4Life model via an Expression of Interest across the Loddon Campaspe region over a six-year period at \$1,943,500 for Youth Live4Life in the 2020 – 2021 State budget.

To date 23 of the 48 rural and regional local government areas have approached us to discuss working with us to implement Live4Life. This means that 48% of Victorian rural and regional local government areas are either currently embedding, implementing or interested in activating Live4Life. Over the course of the year we have worked with several communities to help them prepare for the implementation of Live4Life. As a result of this work Southern Grampians and Moira shires will begin implementing Live4Life in 2020.





Most importantly we would like to take this opportunity to thank all those individuals and organisations that have invested in us over the last 12 months with a special thanks to the Macedon Ranges Shire Council for showing continued leadership and commitment in this area, as well as the Rural City of Benalla and Glenelg Shire Council. We would also like to thank our funding partners:

Victorian Government
The Ross Trust
Social Venture Partners Victoria
Newsboys Foundation
Calvert-Jones Foundation
Commonwealth Bank

#### To our pro-bono supporters

Arnold Bloch Leibler
Redhanded
Jess Kendall
Woodcock Creative
Buro of Ideas
Double K Signs
Shout Out Loud
3RRR – FM
Love Police ATM
Andrew Wilson-Annan
Brendan Case – Case Governance
Riverwood Group

#### **Our Friends4Life**

Native Tongue Music Publishing George Weston Foods As we write this report we would like to make special mention of our Project Manager Rebecca (Bek) Morecroft. Bek was the first staff member of Youth Live4Life and has been overseeing the delivery of Life4Life in Benalla and Glenelg and the evaluation amongst other things. Bek is about to go on maternity leave and we would like to make special mention of the fantastic contribution Bek has made in her three years at Youth Live4Life. We wish her all the best and look forward to her return sometime in 2020.

Sarah Mahon

Chair of Youth Live4Life Inc Date 17/10/19

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Bernard Galbally / CEO of Youth Live 4Life Date 17/10/19



# **Boards Report**

#### **Board Members**

The names of committee members throughout the year and at the date of this report are:

Sarah Mahon – Chairperson

Pauline Neil – Secretary

**Bernard Galbally - CEO** 

Caroline Johnston - Treasurer

Sarah Hardy – Vice Chairperson

**Simon Rice** 

**Taylor Johnstone** 

**Robyn Hunter** 

The board members comply with the Matrix of Skill set.

# Meetings of the Board

During the financial year, a number of committee meetings were held monthly. Attendances by each committee member during the year were recorded in the minutes.

### **Principal Activities**

To expand the reach of Youth Live4Life Inc. program across various Victorian Shires and deliver the Youth Mental Health Program within Schools and the communities.

# Significant Changes

There have been no significant changes to the Incorporation in this Financial Year. The Committee has approved a change to Company Limited by Guarantee which will be occurring in the 2019-2020 Financial Year.

## **Operating Result**

A deficit was reported for the financial year \$51,157 this deficit was primarily due to timing of Grants and payments scheduled for the evaluation that was mostly funded for in the prior year. Funding in the 19/20 year has been secured from DHHS for \$150,000 to support current commitments whilst the evaluation takes place.

### **Going Concern**

This financial report has been prepared on a going concern basis which contemplates continuity of normal business activities and the realisation of assets and settlement of liabilities in the ordinary course of business. The ability of the association to continue to operate as a going concern is dependent upon the ability of the association to generate sufficient cashflows from operations to meet its liabilities. The members of the association believe that the going concern assumption is appropriate.

Signed in accordance with a resolution of the Members of the Committee on:

Sarah Mahon

Chair of Youth Live4Life Inc Date 17/10/19

Caroline Johnston

Treasurer of Youth Live4Life Inc

Date 17/10/19

# **Income and Expenditure Statement**

INCOME	2019	2018
Grant Operating		
CommBank Grant	_	10,000
DHHS Funding	45,455	136,364
RDV – Scope Work Funding	19,790	_
RE Ross Trust Grant	30,000	30,000
Social Venture Partners (3 years x \$30k py)	30,000	_
Total Grant Operating	125,245	176,364
Donations		
Benalla Council	-	3,655
Donations – General	51,051	1,497
Friends for Life Memberships	10,000	_
Award Money	1,000	_
Myer Foundation	_	10,000
Total Donations	62,051	15,151
Fundraising		
1. Fundraising Dinner – Ticket Sales	18,472	_
2 Fundraising Dinner – Sponsorship and Donations	15,096	_
3. Activities Income (Other Fundraising Activities)	1,421	_
6. Fundraising Dinner – Expenses	(38,013)	_
Total Fundraising	(3,024)	-
Merchandise – Sales	6,462	_
TOTAL INCOME	190,733	191,515

# **Income and Expenditure Statement**

COST OF SALES	2019	2018
Camp – Costs	7,198	-
External Evaluation – DHHS Grant Expenditure	69,653	60,882
Site – External Contribution	1,818	9,091
Supplies	64	-
Training Costs	2,900	3,655
Total Cost of Sales	81,633	73,627

GROSS SURPLUS	109,100	117,888
OTHER INCOME		
Interest Income	886	451
Total Other Income	886	451
EXPENDITURE		
Advertising	25	901
Bank Fees	40	45
Computer Software/Subscriptions	1,113	-
Domain Name	947	-
Fees On donation	8	-
Insurance [61475]	2,050	1,984
Marketing	11,495	_
Award Money Shared to other Shires	500	482
Postage & Shipping	217	187
Repairs & Maintenance	17	-



EXPENDITURE continued		
Travel and Accommodation		
Cents per KM	303	3,980
Travel Expenses	7,800	3,619
Total Travel and Accommodation	8,103	7,599
Wages and Related		
Superannuation	11,652	5,109
Telephone Allowance	646	476
Wages & Salaries	121,687	49,427
Workers' Compensation	2,644	1,003
Total Wages and Related	136,628	56,016
Total Expenditure	161,143	67,214
CURRENT YEAR SURPLUS/ (DEFICIT) BEFORE INCOME TAX ADJUSTMENTS	(51,157)	51,125
CURRENT YEAR SURPLUS/(DEFICIT) BEFORE INCOME TAX	(51,157)	51,125
INCOME TAX	(51,157)	51,125

# **Assets and Liabilities Statement**

ASSETS	2019	2018
Current Assets		
Cash and Cash Equivalents		
Cheque Account	28,719	119,969
Debit Card Account	771	232
Petty Cash – Camps etc	39	_
Savings Account	60,639	30,113
Total Cash and Cash Equivalents	90,167	150,314
Trade and Other Receivables		
Pledges/Future Monies Receivable	3,277	-
Voluntary Withholding Credits	274	247
Total Trade and Other Receivables	3,550	247
GST Receivable	1,306	-
Total Current Assets	95,024	150,561
TOTAL ASSETS	95,024	150,561

# **Assets and Liabilities Statement**

LIABILITIES		
Current Liabilities		
Provisions		
GST Payable	-	9,581
Payroll Related Provisions	10,703	5,502
Total Provisions	10,703	15,083
Total Current Liabilities	10,703	15,083
TOTAL LIABILITIES	10,703	15,083
NET ASSETS	84,321	135,478
MEMBER'S FUNDS		
Capital Reserve	84,321	135,478
TOTAL MEMBER'S FUNDS	84,321	135,478



### **Notes to the Financial Statements**

Summary of Significant Accounting Policies

The financial statements are special purpose financial statements prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act Vic. The committee has determined that the association is not a reporting entity.

The financial statements have been prepared on an accruals basis and are based on historic costs and do not take into account changing money values or, except where stated specifically, current valuations of non-current assets.

The following significant accounting policies, which are consistent with the previous period unless stated otherwise, have been adopted in the preparation of these financial statements.

#### Income Tax

The entity is Income tax exempt.

### **Employee Provisions**

Provision is made for the association's liability for employee benefits arising from services renderedby employees to the end of the reporting period. Employee provisions have been measured at the amounts expected to be paid when the liability is settled.

#### **Provisions**

Provisions are recognised when the association has a legal or constructive obligation, as a result of past events, for which it is probable that an outflow of economic benefits will result and that outflow can be reliably measured. Provisions are measured at the best estimate of the amounts required to settle the obligation at the end of the reporting period.

#### Cash on Hand

Cash on hand includes cash on hand, deposits held at call with banks, and other short-term highly liquid investments with original maturities of three months or less.

# Accounts Receivable and Other Debtors

Accounts receivable and other debtors include amounts due from members as well as amounts receivable from donors. Receivables expected to be collected within 12 months of the end of the reporting period are classified as current assets. All other receivables are classified as non-current assets.

#### Revenue and Other Income

Revenue is measured at the fair value of the consideration received or receivable after taking into account any trade discounts and volume rebates allowed. For this purpose, deferred consideration is not discounted to present values when recognising revenue.

Interest revenue is recognised using the effective interest method, which for floating rate financial assets is the rate inherent in the instrument. Dividend revenue is recognised when the right to receive a dividend has been established.

Grant and donation income is recognised when the entity obtains control over the funds, which is generally at the time of receipt.

If conditions are attached to the grant that must be satisfied before the association is eligible to receive the contribution, recognition of the grant as revenue will be deferred until those conditions are satisfied.

All revenue is stated net of the amount of goods and services tax.

### Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO). Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the ATO is included with other receivables or payables in the assets and liabilities statement.

### **Accounts Payable and Other Payables**

Accounts payable and other payables represent the liability outstanding at the end of the reporting period for goods and services received by the association during the reporting period that remain unpaid. The balance is recognised as a current liability with the amounts normally paid within 30 days of recognition of the liability.

# **Notes to the Financial Statements**

2 CASH ON HAND	2019	2018
Cheque Account	28,719	119,969
Debit Card Account	771	232
Savings Account	60,639	30,113
Petty Cash – Camps etc	39	_

TOTAL CASH ON HAND	90,167	150,314
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TRADE AND OTHER RECEIVABLES	2019	2018
Trade Receivables		
Voluntary Withholding Credits	274	247
Pledges/Future Monies Receivable	3,277	-
Total Trade Receivables	3,550	247
TOTAL TRADE AND OTHER RECEIVABLES	3,550	247

# 4 Related Party Transactions

#### **Interest in Contracts**

During the year the association partnered with Riverwood Group to provide accounting and taxation services to the association. Caroline Johnston who is a Volunteer Treasurer of the association, is also a Principal of Riverwood Group. During the year Nil was paid to Riverwood Group for its services. The Xero Monthly Subscription cost is the only payment.

TOTAL PROVISIONS	9,396	15,083
FBT – Childcare	-	541
FBT Liability - Health Insuran	(144)	(119)
Payroll SGC Payable	515	1,599
PAYG Withholding Payable	10,332	3,482
GST	(1,306)	9,581
5 PROVISIONS	2019	2018
_		

# **Statement of Cash Flows – Direct Method**

ASSETS	2019
Operating Activities	
Receipts From Grants	131,769
Cash Receipts From Other Operating Activities	101,280
Interest Received	860
Cash Payments From Other Operating Activities	(294,055)
Net Cash Flows from Operating Activities	150,314
Investing Activities	
Other Cash Items From Investing Activities	(39)
Net Cash Flows from Investing Activities	(39)
NET CASH FLOWS	(60,186)
Cash and Cash Equivalents	
Cash and cash equivalents at beginning of period	150,314
Cash and cash equivalents at end of period	90,128
Net change in cash for period	(60,186)

## **True and Fair Position**

## **Annual Statements Give True and** Fair View of Financial Position and Performance of the Association

We, Sarah Mahon and Pauline Neil, being members of the committee of Youth Live4Life Inc., certify that:

The statements attached to this certificate give a true and fair view of the financial position and performance of Youth Live4Life Inc. during and at the end of the financial year of the association ending on 30 June 2019.

Signed:

Sarah Mahon

Chair of Youth Live4Life Inc

Date 17/10/19

**Pauline Neil** 

Secretary of Youth Live4Life Inc

Date 17/10/19

**Certificate By Members of the Committee** 

Associations Incorporations Reform Act 2012 Sections 94 (3), 97(3) and 100(3)

I, Sarah Mahon being a member of the committee of Youth Live4Life Incorporated certify that:

1. I attended the annual general meeting of the Incorporation held on 17th October 2019 at 5.30pm and

2. The financial statements for the year ended 30 June 2019 were submitted to the members of the Incorporation at its annual general meeting.

Signed:

Sarah Mahon

Chair of Youth Live4Life Inc

Date 17/10/2019

# **Compilation report to Youth Live4Life Inc**

We have compiled the accompanying special purpose financial statements of Youth Live4Life Inc., which comprise the asset and liabilities statement as at 30 June 2019, income and expenditure statement, the statement of cash flows, a summary of significant accounting policies and other explanatory notes. The specific purpose for which the special purpose financial statements have been prepared is set out in Note 1.

# The Responsibility of the Committee Member's

The committee of Youth Live4Life Inc. are solely responsible for the information contained in the special purpose financial statements, the reliability, accuracy and completeness of the information and for the determination that the basis of accounting used is appropriate to meet their needs and for the purpose that financial statements were prepared.

### Our Responsibility

On the basis of information provided by the partners we have compiled the accompanying special purpose financial statements in accordance with the basis of accounting as described in Note 1 to the financial statements and APES 315 Compilation of Financial Information.

We have applied our expertise in accounting and financial reporting to compile these financial statements in accordance with the basis of accounting described in Note 1 to the financial statements. We have complied with the relevant ethical requirements of APES 110 Code of Ethics for Professional Accountants.

### Independence

We are not independent of Youth Live4Life Inc. because Caroline Johnston who is a Board Members has prepared these statements.

Signed:

Caroline M Johnston

Principal of Riverwood Group

Date 17/10/19







Youth Live4Life Inc

Head Office admin@live4life.org.au Phone 0413 167 843 PO Box 640, Kyneton VIC 3444 www.live4life.org.au