

# Live4Life launches on a high into 2022

FOLLOWING pandemic lockdowns and event restrictions, students from across the Glenelg Shire have come together for the first time in two years to successfully launch the Live4Life Glenelg program for 2022.

Live4Life Glenelg crews from Casterton Secondary College, Bayview College, Heywood and District Secondary College and Portland Secondary College came together last Friday at the Portland Secondary College to officially launch Live4Life for the 2022 year.

The event, which included crew led speeches and activities promoting positive mental health, marked the beginning of the sixth year of the mental health initiative for young people in the Glenelg Shire.

Glenelg Shire youth development officer Maddy McKinna said the event helped to introduce the 'crews' to the wider community.

"It was fantastic to finally bring together all of the year 8 students from across the Shire, and our Live4Life crew members, for our first combined launch in more than two years.

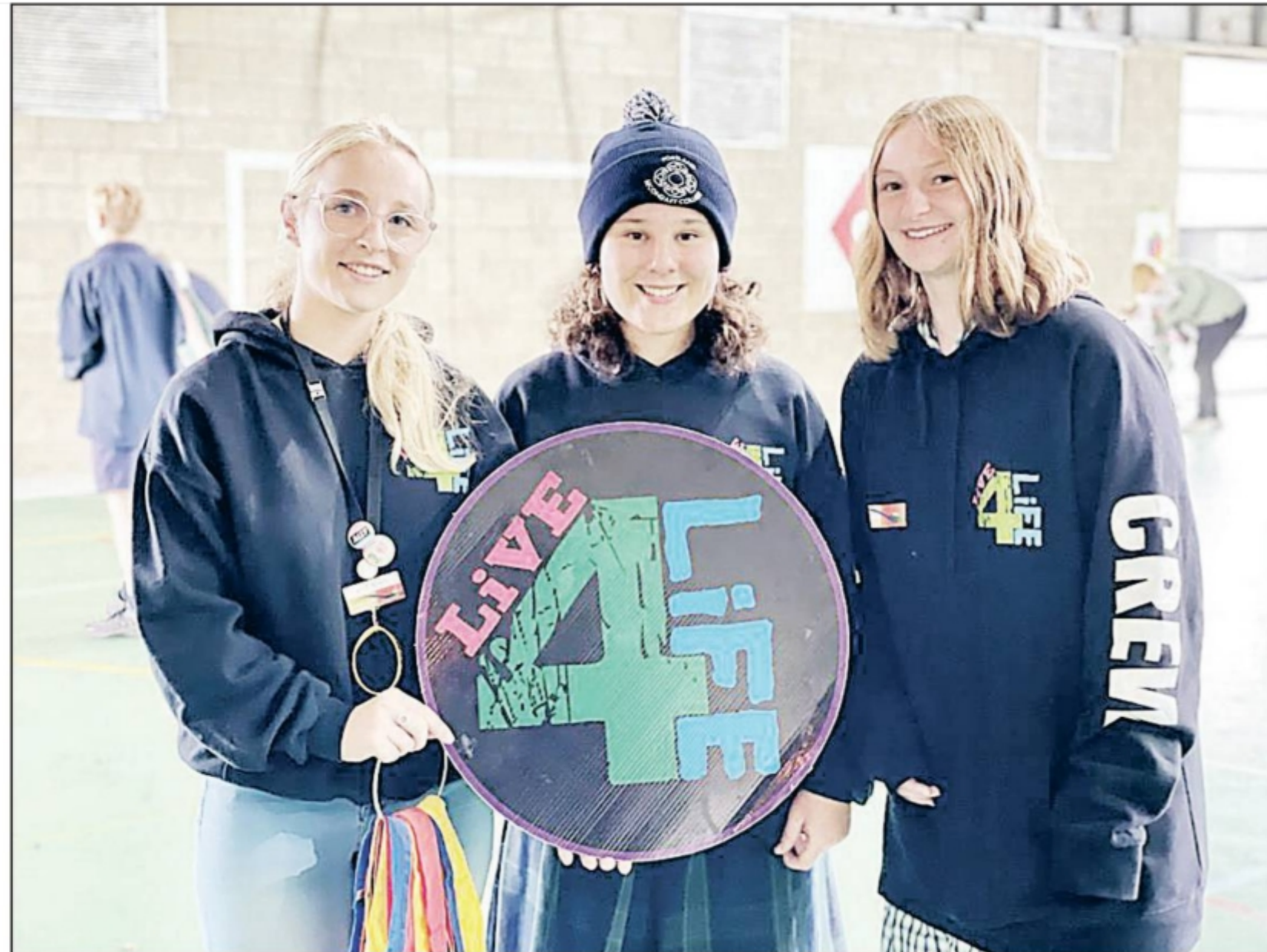
"It certainly felt like an extra special launch to have everyone present in the same room again," she said.

"Thanks to our launch today, students will be aware of who their crew representatives are at their respective school.

"We anticipate that 2022 will continue to be another successful year for Live4Life in the Glenelg Shire, as we work towards decreasing negative mental health stigma, increasing the awareness of local professional help and increasing the mental health knowledge of our community."

The theme for this year's initiative in the Glenelg Shire is "Smash the Stigma", and events and activities for the 2022 program will focus on this theme.

Live4Life Glenelg crew member Sarah Camilleri said she was looking forward to the year ahead after deciding to re-join for a second year.



YOUTH development officer Jesse Beavis (left) with students Milly Bayona and Nyla Conheady at Friday's launch event.

"I joined Live4Life for a second year because it's an experience you can never get back – you get to meet so many new and

different people," she said. "I've also learnt so much from being a part of the crew. You really do learn how to

address and overcome the stigmas and how to support someone struggling with their mental health."